

KNOWLEDGE for KIDS

Q: What is the name of our style?

A: Jo Kwon Chi

Q: Jo Kwon Chi is composed of what 3 styles?

A: Karate, Tae Kwon Do, and Tai Chi

Q: What country does karate come from? Tae Kwon Do? Tai Chi?

A: Japan • Korea • China.

Q: Why do we bow?

A: To give and receive respect.

Q: What is the order of belt rank in our academy?

A: White, Yellow, Orange, Green Blue, Purple, Brown, and Black.

Q: When is the only time we use martial arts?

A: When we are seriously in danger of being put in the hospital.

Q: When do we not use martial arts?

A: When our feelings are hurt, no matter how badly.

Q: What part of the foot do we use in front/round/side kick?

A: Front kick: Ball of foot.

Round kick: Top of foot.

Side kick: Heel or edge of foot.

Sensei Teacher

Dojo..... School

Kata..... Form

Gi Uniform