

TAI CHI







Training at
Durant Park
1999





Weekend
Retreat for
Tai Chi
instructors at
Asheville, NC
2007



Sensei training beginners at the State Capital Building in downtown Raleigh







Special class at the Rose Garden, with dog. 2010

Class at Shelley Lake





Advanced students training in my yard.
Spring 2013





World Tai Chi Day, Triangle Town Center Mall by the pond. April 2014





Classes in our dojo off Capital Blvd.









During the Covid pandemic, we trained outdoors.
We mostly met at Annie Louise Wilkerson Park (photo above).
We later trained outdoors in the courtyard at Abbott's Creek.





2022

