TAI CHI

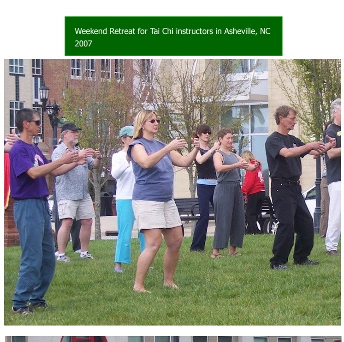
Sensei on left.
Long-time training partner Carol on right.

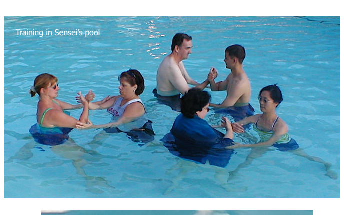
Earliest Tai Chi photo of us I have.
Rose Garden Sunday morning, 1992

Sensei at the beach doing the Tai Chi form.
Summer, 1993

Training at Durant Park
1999

Weekend Retreat for Tai Chi instructors in Asheville, NC
2007




Training in Sensei's pool

Sensei training beginners at the State Capital building in downtown Raleigh
2010

10 08 2010

Special class at the Rose Garden
2010

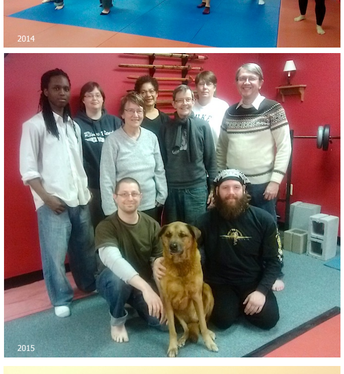
Tai Chi class at Shelley Lake

Advanced students training in Sensei's yard
Spring, 2013

World Tai Chi Day, Triangle Town Center Mall by the pond. April 2014

Tai Chi classes in our Dojo off Capital Blvd.

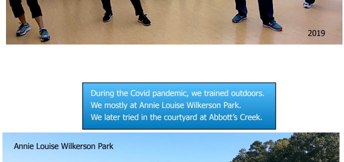
2014

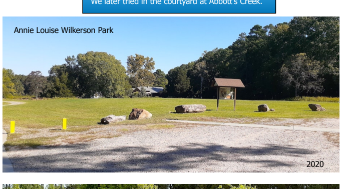

2015

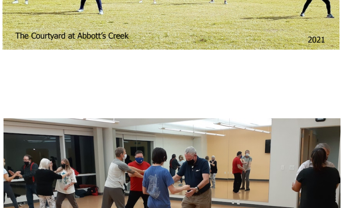
2018

2019

During the Covid pandemic, we trained outdoors.
We mostly at Annie Louise Wilkerson Park.
We later tried in the courtyard at Abbott's Creek.


Annie Louise Wilkerson Park
2020


The Courtyard at Abbott's Creek
2021


2022