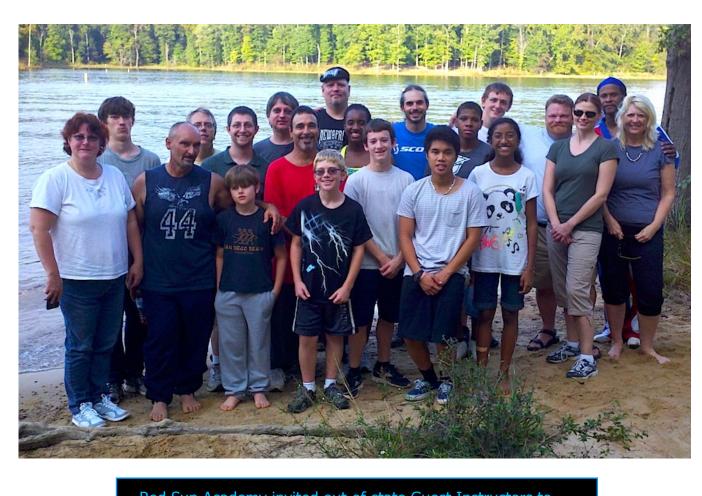
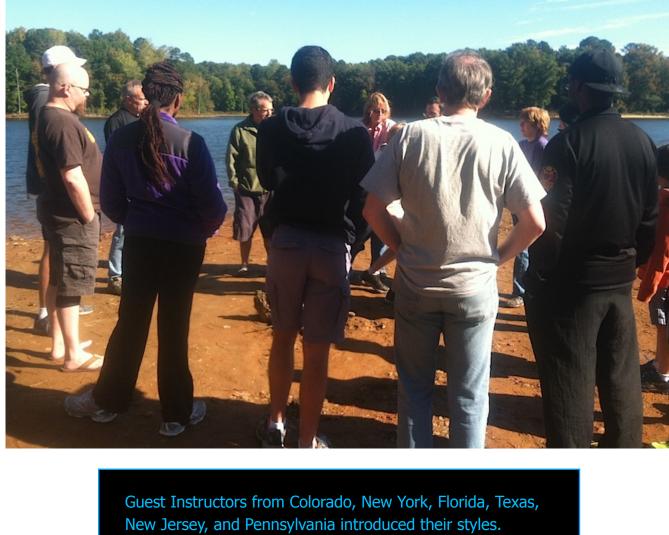
WEEKEND RETREAT at BLUE JAY



Red Sun Academy invited out-of-state Guest Instructors to introduce our students to various different styles. One Guest Instructor taught Friday evening. Another taught Saturday morning until we broke for lunch. Another taught Saturday afternoon, and the last instructor taught Sunday mid-morning before we backed up to leave. These were memorable weekends.







Styles included Muay Thai, Krav Maga, Ninjutsu, Silat from Indonesia, Kobu-Jutsu, Animal Fighting styles, Sayokan, and Zen Kensei Do.





meditation. These were memorable weekends.

hikes, a lasagna dinner, campfires at night, star-gazing, and a Sunday morning





The late and well-known Shihan **ED MARTIN** was truly one of our special Guest Instructors. Ed "Papasan" Martin had traveled to teach martial arts in several countries. It was an honor to have him attend one of our retreats and instruct our students.

