

TERMINOLOGY SHEET

General Terms

Honorable Teacher	Sensei (J)
Assistant Teacher	Sempai (J)
Student of Junior Rank.....	Who-bae (K)
Greetings.....	Konnichi-wa (J)
School	Dojo (J)
Form.....	Kata (J)
Uniform.....	Gi (J)
Meditation.....	Mokuso (J)
Fighting	Kumite (J)
Breaking.....	Tamishiwara (J)
High.....	Jodan (J)
Middle.....	Chudan (J)
Low.....	Gedan (J)

Stances

Stance	Dachi (J)
Preliminary Ready Stance	Yoi (J)
Ready Stance	Jun-bi (K)
Return to Junbi	Baro (K)
Front Stance.....	Zenkutsu Dachi (J)
Back Stance	Kokutsu Dachi (J)
Horseback Riding Stance	Kiba Dachi (J)
Fighting Stance	Kumite Kamae Kamaette (J)

Counting

KOREAN

- Hana
- Dul
- Set
- Net
- Dasat
- Yasat
- Ilgop
- Yo-dolb
- Ah-hop
- Yal

JAPANESE

- Ichi
- Ni
- San
- Shi
- Go
- Rokku
- Shichi
- Hachi
- Ku
- Ju

Kicks

	KOREAN	JAPANESE
Kick	Chagi	Geri
Front Kick	Ahp Chagi	Mae Geri
Roundhouse Kick	Dol-reo Chagi	Mawashi Geri
Side Kick	Yup Chagi	Yoko Geri

Closing (end of class)

	KOREAN	JAPANESE
Practice is Finished	Un Dong Gutt	Sore Made
Thank You (teacher)	Kamsab-nida (Sabum-nim)	Arigato Gozai-masu (Sensei)
You're Welcome	Chunman-ay-yo	Do-itashimashite
Goodbye.....	Ahn-nyung-hi Gase-yo	Sayonara

Commands

Line Up	Seiretsu (J)
Attention	Chareyut (K)
Karate Yell	Ki-ai (J)
Bow	Rei (J)
Bow to Sensei	Sensei ni Rei (J)
Sit	Anja (K)
Formal Kneel	Seiza (J)
Stand	Ira-sa (K)
Punch	Tsuki (J)
Turn Around	Dwiro Dora (K)
Switch Feet.....	Pal-gyo-dae (K)
Begin	Hajime (J)
Stop	Yame (J)

Blocks

Block	Uke (J)
Down Block	Gedan Uke (J)
Upward Block	Age Uke (J)
Inside Block	Uchi Uke (J)
Outside Block	Soto Uke (J)